



**KEYS TO  
A LONG LIFE**

**Staff:**  
Initial and date  
when information  
is provided

# Patient Interest Checklist #4

## Long-term Dialysis (1 yr. +)

Name \_\_\_\_\_ Date \_\_\_\_\_

*I would like to know more about...*

### My medical condition:

- How can I keep my hematocrit from going up and down?
- How is my blood pressure and can it be improved?
- What is my Kt/V? Do I need to dialyze longer?
- Why do I need to dialyze if I don't gain any weight?
- How can I avoid access problems?
- Do I have bone disease? If so, what treatments are available?
- When should I be concerned about pain in my chest?
- What causes heart failure, and how can I avoid it?
- What is *amyloidosis*, and how is it treated?
- What is *peripheral neuropathy*, and how is it treated?
- What is *peripheral vascular disease*, and how is it treated?
- Do I have other disease/problems that could change my treatment?
- Why do I need to bring in my medications to be checked?
- What can I do if I want to change treatments?
- How much of my treatment can I do by myself or at home?
- Why do I need EPO? Calcitriol? Iron Dextran? Binders?
- I am most concerned about \_\_\_\_\_.

### My relationships with family and friends:

- How can attending patient care conferences help me or my family?
- Who can help my partner and me cope with relationship issues?
- Are there treatments that could improve my sexual function?
- Will I still be able to father/bear children?
- What can I do if my family disagrees with my treatment decisions?
- I am most concerned about \_\_\_\_\_.

### My work/school/insurance:

- Who can help me with issues related to work or school?
- How can I find a part-time job?
- Can I work or go to school without losing disability benefits?
- Can dialysis be scheduled around my work or school hours?
- What should I do if my insurance changes?
- Who can help me with retirement planning?
- How can I be sure my family has enough money to live on?
- I am *most* concerned about \_\_\_\_\_.



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*I would like to know more about...*

### My eating:

- 
- Where can I find more recipes and menus to fit my meal plan?
  - Why is it important to eat enough protein?
  - Why is it a problem if I eat too much phosphorus?
  - Where can I find more information about the foods I like to eat?
  - What does dialysis adequacy have to do with what I eat?
  - What can I eat at restaurants and other people's homes?
  - Is it OK to skip meals when dialysis makes me very tired?
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### My future:

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- How long can I live on dialysis?
  - What do I need to know about other treatments for kidney failure?
  - How can I keep up with the latest medical developments?
  - Should I have a will?
  - What are "advance directives" and do I need them?
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### My feelings:

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- How do I deal with the fatigue and hopelessness I feel sometimes?
  - What is *depression*, and how do I get help if I have it?
  - How can I ask for help and pay back people who help me?
  - How can I talk to others about the feelings I have?
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### My responsibilities:

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- What is *my* role in controlling my weight gain & blood pressure?
  - What is *my* role in my monthly blood test results?
  - What is *my* role in keeping up regular exercise?
  - What can *I* do if I disagree with some of my medical care?
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### My lifestyle and everyday activities:

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- How can I have more energy to do the things I want to do?
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### My relationships with staff:

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- Is it OK to question the team about my treatment?
  - What can I do if a staff member and I don't get along?
  - Do I have any choice about who takes care of me at dialysis?
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### Other:

- 
- Right now, I am most concerned about \_\_\_\_\_
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