

Give Your Patients Options

PD or HD? Home or in-center? Chronic life support or hospice? How about transplant? Travel? Can I still work? Patients with ESRD have a lot of questions, can be easily overwhelmed, and need a comforting source of trustworthy information.

Encourage your patients and help them to make informed decisions about treatment based on their own values. Grounded in motivational theory, and reviewed by multidisciplinary experts, this booklet reinforces your advice and teaching with reassuring, evidence-based education that prioritizes quality of life and hope. Vibrant and patient-focused, *Choosing My Future with Kidney Failure* is written at a 6th grade reading level and includes topics such as vascular/peritoneal accesses, seven ways to do dialysis—including home therapies, kidney transplant, and medical management without dialysis or transplant (comfort care).



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