Q: What does the nephrologist do for me?

A: Most nephrologists are internal medicine doctors who treat people with kidney disease. They may be board-certified or board-eligible in nephrology. This means they passed a test or meet the standards to take the test. Your nephrologist:

- Writes your diet, drug, dialysis, and exercise prescriptions
- Orders the tests you need to follow your health
- Reviews your lab tests and treatments to see how you’re doing

Your nephrologist will talk with you, the rest of your care team, and your other doctors about your health.

What I can do to work best with my nephrologist:

- Ask my doctor about other types of dialysis, like home dialysis, or any over-the-counter drugs or supplements I want to try.
- Visit module 3 of Kidney School™: Working with Your Healthcare Team at www.kidneyschool.org to learn more.