



Kidney Q&A

0-3 months

Life Options Rehabilitation Program
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Q: Right now, I am most concerned about _____?

A: Being new to dialysis, you may have lots of questions and concerns. Your care team wants you to know and trust them so you will feel safe on dialysis. They're happy to answer questions, but you need to let them know your concerns.

You'll probably worry less once you have the facts that address your concerns. Keep in mind, that once a concern is addressed and you can put it to rest, you will think of another question.

Whatever you do, don't stop asking questions. The more you learn, the better you'll do and the longer you'll live on dialysis!

What *I* can do to get my concerns addressed:

- Talk with my doctor or nurse about how my dialysis is going, my symptoms, and my health.
- Talk with my technician about how my dialysis works.
- Talk with my dietitian about my meal plan and fluid limits.
- Talk with my social worker about living with dialysis and paying for treatment.
- Talk with my administrator about clinic policies, conflicts with staff, and shift changes.

Right now, I am most concerned about _____?