



Kidney Q&A

4-12 months

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Do we celebrate birthdays, weddings, and holidays at the dialysis center?

Q: Do we celebrate birthdays, weddings, and holidays at the dialysis center?

A: Bringing life's celebrations into the clinic can inject humor and even joy. Depending on the staff at your clinic, there could be lots of joking, laughter, teasing, and fun.

One way dialysis staff members can bring fun into the dialysis clinic is by celebrating special events. Decorations on the walls, and from the ceilings, and even costumes can make holiday time fun at dialysis. For winter holidays, many clinics trim a tree and share gifts or hold an open house. Staff members often wear makeup and costumes for Halloween.

It's even more fun when patients get into the act by dressing up, too. Birthdays, weddings, and other events are celebrated with cards or even balloons. Some clinics have big summer picnics that include families.

What I can do to help my clinic celebrate special occasions:

- Ask the clinic manager what staff members normally do for special events.
- Offer to form a committee at my clinic to plan parties, decorate, etc.
- Start a fund raising campaign to buy cards and decorations, hold a picnic or party, buy gifts, etc.