Even though you’ve been on dialysis a few months, you may still have questions and concerns. As you start to learn more and feel more trust in your healthcare team, you will feel safer on dialysis.

Don’t worry needlessly if you have questions. Ask a member of your healthcare team to answer your questions. If he or she can’t answer your question, or if you don’t understand the answer, ask someone else.

Once you know the facts, you can put that concern to rest. But expect that when you do, another issue will move up to concern #1. Whatever you do, don’t stop asking questions. The more you learn, the better you’ll do, the more in control you’ll feel, and the longer you’ll live on dialysis!

What I can do if I’m worried:

- Talk with my doctor or nurse about concerns I have about how my dialysis is going, my symptoms, and my health.
- Talk with my technician about how the machine and reuse works.
- Visit module 3 of Kidney School™: Working with Your Healthcare Team at www.kidneyschool.org to learn more.
- Visit module 5 of Kidney School™: Coping with Kidney Disease to learn more about working through my concerns (www.kidneyschool.org).

- Talk with my administrator about clinic policies, conflicts with staff, and shift changes.
- Visit module 3 of Kidney School™: Working with Your Healthcare Team at www.kidneyschool.org to learn more.
- Visit module 5 of Kidney School™: Coping with Kidney Disease to learn more about working through my concerns (www.kidneyschool.org).

Q: Right now, I am most concerned about __________________

A: Q: Right now, I am most concerned about __________________